



Naturedays at Aigas

Nursery Programme Guide

Welcome to Naturedays!

Naturedays is the project title for the work of the Aigas Trust for Environmental Education which was established in 1980. For over 30 years we have been delivering environmental education to school children and adults throughout the Highlands.

On the following pages you will find descriptions of the nursery school programmes that we offer. Our nursery programmes are based around sensory and experiential learning and allow children to interact with the outdoors whilst being safe and having fun. All these programmes can be tailored to your requirements and preferences of activities and topics. Please get in touch for more details, enquiries or to book with us.



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Aigas Field Centre, Beauly, Inverness, IV4 7AD
Tel: 01463 783670 –Email: Naturedays@aigas.co.uk



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1. Animals of Aigas

Activity

Aigas Animal Safari

Content

Take a journey through our forest and get hands-on learning about some of the iconic creatures of the Scottish Highlands.

Cutie Crawlies

Learn to love the creatures of the forest floor.

Build a Butterfly Feeder
/ Bug home

Make your home a haven for wildlife and create and decorate a butterfly feeder to take home with you.

2. Discovering Our Senses

Activity

Feeling Good

Content

Close your eyes and discover your sense of touch by exploring the textures of the world around you.

Earth Windows

Focus on your sense of sight and stretch your imagination with a magnified window onto the forest floor.

Sensational Smells

Excite your sense of smell by making a pungent concoction from the natural scents around Aigas!

Nature's Orchestra

Discover and learn the variety of sounds in nature and see if you can create your own.



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3. Grow Your Own!

Activity

Seeds and their Needs

Content

Learn what a seed needs to grow with a fun and active game.

Plant a Seed

Plant your own seed and learn how to take care of it for it to flourish!

Muddy Mitts

Get grubby and have a rummage in our flower bed and help us weed while exploring the texture of soil.

Bumbling About

Learn to love bees with a fun game to appreciate the importance of pollinators in our gardens.



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